

## Transportation Services



The list below briefly describes transportation services available through the Adult Community Center. Please call 503-635-3758 for more information about these or other services.

### **Doctor Appointments**

Through its volunteer drivers, the Center arranges rides to doctor and other medical appointments in the Lake Oswego area. Drivers use their own vehicle. Call Mondays only for appointments the following week and beyond. Donations are appreciated.

### **[Lunch & Shop Program](#)**

On Monday afternoons, participants may come to the Center on the morning van, have lunch at the Center, and take the van to Safeway for one hour of shopping. The van returns participants to their homes, and the driver can assist with packages. A lift-equipped minibus is available.

### **Shuttle Van, Wheelchair, and/or Special Transportation Needs**

A staff driver provides door-to-door service Monday, Wednesday, and Friday from clients' homes to the Center and return. The van is equipped with a lift for those with special needs. Suggested donation of \$1.00 each way, but any amount is welcome.

### **[Short & Sweet Trip Program](#)**

For those who no longer drive and have special needs, this program features short, relaxed trips with limited walking. Registration and Center [membership](#) required.

### **[Tri-Met Lift Program](#)**

Designed to provide door-to-door transportation for medical appointments, shopping, etc., for both ambulatory and non-ambulatory individuals who no longer drive and are not able to use regular Tri-Met buses.

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### Web Links

[Lunch & Shop Program](#)[Short & Sweet Trip Program](#)[Tri-Met Lift Program](#)

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