

### 3 Steps to Preparedness

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## 3 Steps to Preparedness



A disaster or emergency can happen at any time. Taking these simple steps can make a big difference in ensuring your safety and well-being and that of your loved ones.

[Get A Kit](#)

[Make  
A  
Plan](#)

[Be Inform](#)

<p>You may need to survive on your own after an emergency. This means having your own food, water, and other supplies in sufficient quantity to last for at least three days. Local officials and relief workers will be on the scene after a disaster, but they cannot reach everyone immediately. You could get help in hours, or it might take days. In addition, basic services</p>	<p>Your family may not be together when disaster strikes, so it is important</p>	<p>Some of to prepara such as supply k family co are the s or man-r  However differenc emergenc the decis actions y about th emergenc where y</p>
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such as electricity, gas, water, sewage treatment, and telephones may be cut off for days, or even a week or longer.

to plan in advance: how you will contact one another; how you will get back together; and what you will do in different situations.

appropriate them.

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