

## Welcome to the Sports Zone



Parks & Recreation offers sports and fitness classes and activities for kids and adults and sports leagues for high school students and adults. Program and registration information for sports and fitness classes can be found at [www.loparks.org](http://www.loparks.org). Find complete league information at [www.lakeoswegosports.com](http://www.lakeoswegosports.com).

## REGISTRATION OPEN! Summer Camps-Classes-Leagues

Secure your place in the 2017 Summer Sports Camps, Classes and Leagues today.

Register at [loparks.org](http://loparks.org)

- **Summer Youth Sports Camps:** Yoga, Parkour & Circus Skills, Lacrosse, Basketball, Soccer, Fencing, Pickleball, Racquet Madness, Flag Football, Baseball, Volleyball, Dodgeball and Ultimate Frisbee
- **Summer Sports Classes:** Cyclocross Skills (ages 10+, held at Luscher Farm)

## Summer Sports Leagues:

**\*\*REGISTER NOW\*\*** [loparks.org](http://loparks.org)

### ADULT & HIGH SCHOOL COED 7V7 REC SOCCER

(registration closes June 6)

### 7v7 Coed Rec Soccer (Adult & High School Divisions)

- All games played on Sunday afternoons and evenings.
- Adult Divisions (Open & 35+) run July 9-August 20. High School Division runs July 9-August 6.
- For questions regarding the Adult Coed Soccer League, please contact: Ian Miller, Soccer Program

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Published on City of Lake Oswego Oregon Official Website (<http://ci.oswego.or.us>)

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Coordinator, [imiller@ci.oswego.or.us](mailto:imiller@ci.oswego.or.us) / 503-534-5283

### Adult Slow-Pitch Softball, Coed and Men's Leagues

- for more information, visit [www.oswegosoftball.com](http://www.oswegosoftball.com)

### Summer Drop-In Sports

- Basketball (Ages 18+, held at Palisades), Pickleball (Ages 18+, held at George Rogers Park)

### [City League Sports, Programs & Events](#)

All information for city-sponsored sports leagues (basketball, soccer & softball) and programs/events (including adult drop-in sports, girls youth lacrosse, sports camps) can be found at [www.lakeoswegosports.com](http://www.lakeoswegosports.com).

### [Athletic Fields](#)

Information on field use permits and field availability. For questions regarding Lake Oswego fields, please click the Athletic Fields link (above) or contact Jean Ostrander, Parks & Field Reservation Coordinator.  
[jostrander@ci.oswego.or.us](mailto:jostrander@ci.oswego.or.us), 503-675-3901

### [Parks & Recreation Sports Camps](#)

Parks & Recreation partners with Skyhawks Sports Academy and the Oregon Fencing Alliance to bring quality, recreational camps to the youth of Lake Oswego. Camps are also available for girls lacrosse and table tennis.

### [Preschool Sports](#)

Parks & Recreation offers classes specifically tailored to preschool-aged children. Activities include lacrosse, soccer, tennis, basketball, baseball, flag football and yoga. Classes are provided in partnership with Lacrosse Northwest, Challenger Sports, Skyhawks Sports Academy, and Oregon Fencing Alliance.

### [Community Youth Sports Organizations](#)

View the contact list for youth sports organizations. Find information about organizations that provide kids and adults sports activities other than those sponsored by the Parks & Recreation department.

Source URL (retrieved on 05/22/2017 - 12:22pm): <http://ci.oswego.or.us/parksrec/welcome-sports-zone>