

Health & Medicine

Follow these links to apply for coverage through the [Affordable Care Act](#) or for [information and assistance with the Healthcare.gov enrollment process](#).

Librarians are available to answer your questions by [email](#) or phone at 503.675.2540.

You may also search the [catalog](#), access articles through [Health & Wellness Resource Center](#) and [Health Reference Center Academic](#), find Health & Fitness eBooks, audiobooks, and videos through [Library2Go](#) and health-related magazines through [Zinio](#).

The Internet houses a vast amount of health-related information. Before searching online, check out the Medical Library Association's Web User Guide at <http://www.mlanet.org/resources/userguide.html>. Learn how to evaluate what you find online so that you can be confident that the information is safe and reliable. Then try one of the recommended web sites below:

[Aging and Disability Resource Connection](#)

A resource directory for Oregon families, caregivers and consumers seeking information about long-term supports and services.

[Centers for Disease Control and Prevention](#)

The CDC provides credible, reliable health information.

[Consumer Reports](#)

Consumer Reports is an expert, independent, nonprofit organization whose mission is to work for a fair, just, and safe marketplace for all consumers and to empower consumers to protect themselves.

[FamilyDoctor](#)

Health information written and reviewed by physicians and patient education professionals at the American Academy of Family Physicians.

[HealthCare.gov](#)

The Health Insurance Marketplace is designed to make buying health coverage easier and more affordable.

[Healthfinder](#)

A federal government website connecting you with information and tools to help you stay healthy.

[HIV InSite](#)

Comprehensive, up-to-date information on HIV/AIDS treatment and prevention from the University of California San Francisco.

[IMPACT](#)

IMPACT is a project of national Family Voices. The goal is to promote a holistic, culturally relevant approach to health and wellness for all families and children including those with special healthcare needs and disabilities.

[KidsHealth](#)

KidsHealth provides information about health, behavior, and development from before birth through the teen years.

[Mayo Clinic](#)

Expert health information from the Mayo Clinic, a nonprofit worldwide leader in medical care, research, and education.

[Medical Library Association](#)

MLA is a nonprofit, educational organization working to ensure that the best health information is available to all.

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Published on City of Lake Oswego Oregon Official Website (<http://ci.oswego.or.us>)

[MedlinePlus](#)

MedlinePlus is the National Institutes of Health's web site offering reliable, up-to-date health information.

[National Cancer Institute](#)

The NCI conducts and supports research, training, health information dissemination, and other programs with respect to the cause, diagnosis, prevention, and treatment of cancer.

[NetWellness](#)

NetWellness is a global, community service providing quality, unbiased health information. NetWellness is commercial-free and does not accept advertising.

[Oregon Healthcare](#)

The State of Oregon created OregonHealthCare.gov to help Oregonians learn about and apply for health care coverage. The website is a collaboration between the Oregon Health Authority (OHA), which administers the Oregon Health Plan (Medicaid), and the Oregon Department of Consumer and Business Services, which administers the Oregon Health Insurance Marketplace (formerly Cover Oregon). Oregon's Marketplace uses the federal website [HealthCare.gov](#) for enrollment.

[Oregon Medical Board](#)

The mission of the Oregon Medical Board is to protect the health, safety, and wellbeing of Oregon citizens by regulating the practice of medicine in a manner that promotes access to quality care.

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