City League Sports

Lake Oswego Parks and Recreation offers RECREATIONAL team sports leagues for adults (ages 18+) and local High School students who do not play on their respective school sports team. These leagues have been developed to provide organized, recreational league play to the citizens of Lake Oswego. We welcome team managers who model good sportsmanship, expect it from their players and fans, and are willing to be responsible for the conduct of their team players and spectators. We welcome players who are willing to be a positive part of a fun and respectful environment.

Adult Drop-In Sports are also available for basketball, table tennis and volleyball. Scroll down to the Drop-In sports page or supporting documents on this page for the schedule.

Follow us on Twitter @LOCitySports for league and event information, registration, facility closures, game cancelations, etc.

Registration Forms:

- Adult Coed Soccer
    - Soccer Sub Registration
- Adult Coed Softball
- Free Agent
- Girls Lacrosse Grades 1-4
- Men's Basketball
- Men's Softball

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  Coed Soccer
  Registration for the Fall league is now open! The team registration and payment deadline is August 5 by 4:30pm. The City of Lake Oswego offers spring and fall Adult Coed Soccer leagues. Open (18+) and Over35 divisions are available.
  read more

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  Lake Oswego Skate Park
  The Lake Oswego Skate Park at 5520 Willow Rd. (corner of Willow and Pilkington), is a membership based park, supervised by Parks & Recreation staff. The Park is open to all ages for Skateboarders and In-Line Skaters from Spring Break through mid-October.
  read more

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  Adult Coed Softball
  Play begins the week of June 9. The City of Lake Oswego offers summer adult (18+) Coed

Slow-pitch Softball leagues. Divisions include Wednesday Competitive, Friday Competitive and Friday Recreational. For league information, rosters and rankings click on the files below.
read more

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  Men's Softball
  Play begins the week of June 9. The City of Lake Oswego offers summer Men's (18+) Slow-pitch Softball leagues. Divisions include Tuesday Rec and Thursday 35+. For league information, rosters and rankings click on the files below.
  read more

- Free Agents
  Individual players interested in making their names and contact information available to team managers can put your information on the Free Agent List. Please note there is no guarantee you will be picked up by a team. Available team sports:
  read more

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  Adult Drop-In Sports
  Designed for the fun and fitness of Lake Oswego residents over 18 years of age. Open Gyms are offered at local elementary schools. Volleyball begins in late September; basketball in October. Table Tennis, the newest drop-in activity, starts in November. Bring I.D. for LO resident rate. Non-residents may play if availability exists.
  read more

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  High School Basketball
  The City of Lake Oswego provides City League recreational high school basketball for grades 9-12 during the winter season. For league information, rosters and rankings during the season click on the appropriate files below.
  read more

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  Men's Basketball
  The City of Lake Oswego offers City League adult basketball for players ages 18+ (and out of high school). The season runs from mid-January through mid-April. For league information, rosters and scores during the season click on the files below.
  read more

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  Girls Lacrosse Grades 1-4
  Young lacrosse enthusiasts learn the fundamentals of women's lacrosse in a fun environment. The 2014 season is currently in progress.
  read more

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    [2014 Girls Youth Lacrosse Festival](#)
    Mark your calendars! The 2014 Girls Youth LAX Festival will be held on Saturday, June 7, 2014. The festival is for girls in grades 5, 6, 7, and 8 (U-12/U-14). Space is limited! Festival Lottery: Is now closed
    [read more](#)

Supporting Documents

[Game Status - adult softball](#)
[Skate Park Membership Form](#)

Web Links

[Lake Oswego Skate Park](#)

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