

City League Sports



Lake Oswego Parks and Recreation offers RECREATIONAL team sports leagues for adults (ages 18+) and local High School students who do not play on their respective school sports team. These leagues have been developed to provide organized, recreational league play to the citizens of Lake Oswego. We welcome team managers who model good sportsmanship, expect it from their players and fans, and are willing to be responsible for the conduct of their team players and spectators. We welcome players who are willing to be a positive part of a fun and respectful environment.

Adult Drop-In Sports are also available for basketball, pickleball, table tennis and volleyball. Scroll down to the Drop-In sports page or supporting documents on this page for the schedule.

Follow us on Twitter @ LOCitySports for league and event information, registration, facility closures, game cancelations, etc.

Registration Forms:

- Adult Coed Soccer
- Adult Coed Softball
- [Free Agent](#)
- Girls Lacrosse Grades K-2
- [HS City League Basketball](#)
- Men's Basketball
- Men's Softball
- [Preschool Sports](#)
- Thursday One Mile Runs



- [Men's Basketball](#)

The City of Lake Oswego offers City League adult basketball for players ages 18+ (and out of high school). The season runs from mid-January through mid-April. For league information, rosters and scores during the season click on the files below.

Registration is now open at loparks.org. Registration Deadline (minimum 8 players): December...
[read more](#)



- [High School Basketball](#)

The City of Lake Oswego provides City League recreational high school basketball for grades 9-12 during the winter season.

Registration for late adds is open until Dec. 28 at loparks.org or call 503-675-2549

[read more](#)



[Preschool Sports](#)

From basketball to soccer, tennis to martial arts, there are plenty of opportunities for your preschooler to have fun while learning the fundamentals!

Classes begin in winter and spring. For more information and to register, visit www.loparks.org and click on Sports Leagues & Classes.

[read more](#)



[Adult Drop-In Sports](#)

Designed for the fun and fitness of Lake Oswego residents over 18 years of age. Open Gyms are offered at local elementary schools. Volleyball begins in late September; basketball in October. Table Tennis starts in October. Bring I.D. for LO resident rate. Non-residents may play if availability exists.

[read more](#)

- - [Free Agents](#)

Individual players interested in making their names and contact information available to team managers can put your information on the Free Agent List. Please note there is no guarantee you will be picked up by a team.

Available team sports:

[read more](#)

•



◦

[Pickleball at George Rogers Park](#)

Pickleball combines the best of many sports on a compact court. The Tennis Courts at George Rogers Park have been lined to provide opportunity for those interested in playing pickleball in Lake Oswego. Pickleball is fast, easy to learn and most importantly- FUN!

[read more](#)

•



◦

[Girls Lacrosse Grades K-2](#)

Young lacrosse enthusiasts learn the fundamentals of women's lacrosse in a fun environment.

Program runs April-May on weekend afternoons.

Registration is now closed.

[read more](#)



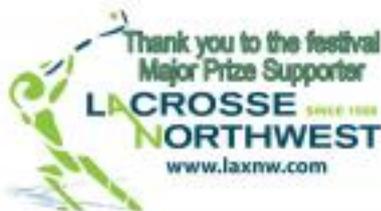
- [Coed Soccer](#)

The City of Lake Oswego offers spring and fall Adult Coed Soccer leagues. Open (18+) and Over35 divisions are available.

Registration for the Spring League will open in early February.

Games for the Open and Over35 divisions are played on Sunday late afternoons/evenings.

[read more](#)



- [2016 Girls Youth Lacrosse Festival](#)

The 13th annual Girls Youth Lacrosse Festival will be held Saturday, June 4.

The Girls Youth Lacrosse Festival is for existing spring 2016 girls teams. There are two divisions: Grades 5/6 (Oregon U12) & Grades 7/8 (Oregon U14). For a chance to secure a space in the Festival, teams must be entered into the Festival lottery. Due to the limited number of spaces,...

[read more](#)



[Adult Coed Softball](#)

The City of Lake Oswego offers summer adult (18+) Coed Slow-pitch Softball leagues. Divisions include Friday Competitive and Friday Recreational. For league information, rosters and rankings click on the files below.

[read more](#)



- [Men's Softball](#)

The City of Lake Oswego offers summer Men's (18+) Slow-pitch Softball leagues. Divisions include Tuesday Rec and Thursday 35+. For league information, rosters and rankings click on the files below.

[read more](#)



- [Sports Special Events](#)

THURSDAY ONE MILE CROSS COUNTRY RUNS

For grades 3-8. In partnership with the cross country teams of Lake Oswego HS and Lakeridge HS. Run with team members and meet the coaches!

FREE!!

[read more](#)

City League Sports

Published on City of Lake Oswego Oregon Official Website (<http://ci.oswego.or.us>)

•

Supporting Documents



[Open Gym Schedule - updated 12/7/16](#)



[Game Status - City League Basketball - updated 12/14/16](#)

Source URL (retrieved on 12/15/2016 - 1:52am): <http://ci.oswego.or.us/parksrec/city-league-sports>