

## Girls Lacrosse Grades K-2



Young lacrosse enthusiasts learn the fundamentals of women's lacrosse in a fun environment.

Program runs April 8-June 4 on weekend afternoons.

**Registration for L.O. Residents is now open, click [HERE](#) to register**

**Registration for Non-Residents opens February 9, 2017**

**For more information, please visit [www.loparks.org](http://www.loparks.org)**

For the 2017 season, L.O. Parks & Recreation to offer:

- **Girls Kindergarten Start-Up Program**

- Meets various Saturday and/or Sunday afternoons from 2:30-3:30pm.

The Girls Youth Lacrosse Kindergarten Start-Up program introduces young players to the basic skills of the game with fun activities. Program includes practices and inter-squad scrimmages. Participants must currently be in Kindergarten.

U.S. Lacrosse curriculum for soft-lacrosse is used as a foundation. Soft-lacrosse utilizes sticks with specially molded-heads and a larger, softer ball than a regulation lacrosse ball. This modified equipment is designed for youth to achieve quick success executing the basic skills of lacrosse (cradling, passing and catching).

Equipment is provided for use during the Kindergarten program and no additional protective equipment is required

## Girls Lacrosse Grades K-2

Published on City of Lake Oswego Oregon Official Website (<http://ci.oswego.or.us>)

---

for soft-lacrosse.

Instructors include local area coaches and high school lacrosse players.

- **Girls Grades 1-2 Skills & Scrimmages Program**

Young lacrosse enthusiasts learn and practice the fundamentals of girl's lacrosse in a fun environment. Program includes practices, inter-squad scrimmages and games with other communities.

Participants must currently be in Grades 1-2.

Instructors include local area coaches and high school players.

The following equipment is *required* of all Grades 1-2 participants:

Girl's lacrosse stick, youth sized mouth guard and goggles/protective eyewear (ASTM 3077 certified for women's lacrosse).

A list of approved eyewear can be found [HERE](#)

**\*\*2017 Girls Youth Lacrosse K-2 Program calendars will be posted soon.**

## Girls Lacrosse Grades K-2

- [expand all](#)
- [collapse all](#)
- Grades 1-2 Skills and Scrimmages Program
- Grades Kindergarten Start Up Program
- [Concussion Info Sheet.pdf](#)

## Girls Lacrosse Grades 3-8

To register for Grades 3-8 teams, visit [www.loyl.org](http://www.loyl.org) . Lake Oswego Youth Lacrosse (LOYL) offers spring season opportunities for Girls grades 3-8 and Boys Lacrosse for Grades 1-8. LOYL is a Community School Program. Community School Office, 503-534-2302.

## Girls Lacrosse Grades K-2

Published on City of Lake Oswego Oregon Official Website (<http://ci.oswego.or.us>)

---

Click any thumbnail image to view a slideshow



Source URL (retrieved on 02/07/2017 - 4:34pm): <http://ci.oswego.or.us/parksrec/girls-lacrosse-grades-k-2>