

Adult Drop-In Sports



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Designed for the fun and fitness of Lake Oswego residents over 18 years of age. Open Gyms are offered at local elementary schools. Volleyball begins in late September; basketball in October. Bring I.D. for LO resident rate. Non-residents may play if availability exists.

Over 35 Basketball at Forest Hills Elementary (fall & winter); L.O. Jr. High (spring); Palisades (summer)
Volleyball at Lake Grove Elementary
Pickleball at Palisades mid-October - April

Residents: \$3/night

Non-Residents: \$5/night

View the "Open Gym" schedule below to see the exact dates of play.

Supporting Documents

 [Adult Drop-In Sports: Updated 12/28/17](#)

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