

Adult Drop-In Sports



Designed for the fun and fitness of Lake Oswego residents over 18 years of age. Open Gyms are offered at local elementary schools. Volleyball begins in late September; basketball in October. Bring I.D. for LO resident rate. Non-residents may play if availability exists.

Over 35 Basketball at Forest Hills Elementary (fall & winter); L.O. Jr. High (spring); Palisades (summer)
Volleyball at Lake Grove Elementary

Pickleball at Palisades

New 18+ Summer Basketball at Palisades - starts mid-June

****New Drop-In Fee Increase January 2017:**

Residents: \$3/night

Non-Residents: \$5/night

View the "Open Gym" schedule below to see the exact dates of play.

Supporting Documents

 [Adult Drop-In Sports - updated 5/17/2017](#)

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