

Need Help Finding Help?

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Here are a few resources that may be useful.

211info Connects People With Community Resources

With so many health and social service programs in Oregon, would you know where to go if you were in need? Navigating the maze of health and community service offerings can be overwhelming, and that's why the FCC designated 2-1-1 as the national dialing code for community information.

211info connects the people of Oregon and Southwest Washington with the community resources they need. Simply call 2-1-1 to get information or referral for family and individual needs, financial and foreclosure assistance, housing and shelter, healthcare, food, government programs, mental health, education, and employment. 211info database includes approximately 3,000 agencies that provide over 50,000 programs to people throughout Oregon and Southwest Washington.

In normal times and in disasters, this number provides information to deal with a personal crisis, leaving 9-1-1 for life-threatening situations.

If your phone does not recognize 2-1-1, you can also dial 866-698-6155, or visit www.211info.org.

Foreclosure Information and Resources

If you're looking for ways to save your home, or struggling to make your mortgage payment, you don't have to face it alone. Free home foreclosure help is available to homeowners statewide. A certified foreclosure counselor can help you understand your options – and see what's possible. Visit the Counseling page to learn more, including how to find a counselor in your area. Or, browse the site on your own to learn about state programs, federal programs, Oregon's Foreclosure Avoidance Program, and Frequently Asked Questions on common housing issues. <http://www.oregonhomeownersupport.gov/>

Insurance problems?

Faced with a denied claim, a confusing policy, or uncertainty about coverage choices? The State of Oregon has free resource that can help. Advocates help explain complex policies, resolve miscommunications with insurance companies, and in cases where there has been a mistake, work towards a resolution. The Oregon Insurance Division can also help on the front end, when buying insurance, and help you avoid common mistakes.

Visit them online at Insurance.Oregon.Gov, or call an advocate at 1-888-877-4894 if you have any questions. The service is free, confidential, and available Monday through Friday 9 a.m. to 5 p.m.

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