



City of Lake Oswego 50-Plus Advisory Board

Wednesday December 12, 2007
11:00 a.m.

Members 2007-2008:

Janine Dunphy, Chair
MaryLou Webb, Vice Chair
Nanci Cummings
Daniel Baer
Barbara Heisler
Vacant
Caryl Lindemaier
Ardis Stevenson
Kathy Long Holland

Acorn Room
Adult Community Center (ACC)
505 G. Avenue

For Information: 503-675-6407

Councilor McPeak, City Council Liaison
Kim Gilmer, PR Director
Brenda Suteu, ACC Manager
Teresa O'Halloran, ACC Admin

Approved Minutes

- I. Roll Call at 11:05am
Present: Janine Dunphy, Nanci Cummings, Ardis Stevenson, Caryl Lindemaier, Kathy Long Holland, MaryLou Webb. Staff: Teresa O'Halloran, ACC Admin, Brenda Suteu, ACC Manager, Kim Gilmer, PR Director.
Excused: Councilor Ellie McPeak, Daniel Baer, Barbara Heisler
- II. Approval of Minutes 11/8/07
Janine Dunphy asked for a motion to approve the minutes
Mary Lou Webb made a motion, Janine Dunphy seconded the motion
Minutes approved
- III. Open Public Communications
None
- IV. Old Business
None
- V. New Business
A. ACC Presentation on Programs & Services
The group went through Introductions of members and staff.

Dana Tassos, Client Services Coordinator, spoke about her programs and services. A handout was presented and explained. Dana explained the resources she uses and the services which she offers. Some trends which she has seen include personal care in the home, affordable housing, and increasing care giving referrals (specifically with cognitive impairment). Many of these services are being financially decreased or cut by the federal government through the county services. The Medicaid match facilities in Lake Oswego include Greenridge Estates only. In addition, Dana also oversees the support groups which are increasing in participation. Additionally, the senior companion program is offered through the county to those with low income to earn a stipend through becoming a

companion to a senior citizen who may need companionship and/or small assistance with life activities. To address the need of this service, Dana is piloting a friendly visitor program which will seek volunteers to meet with citizens in the community.

Berta Derman, Social Services Supervisor continues the discussion on the Human Services topic. Berta spoke to the list of services and programs on the handout. She stressed the trends include an increasing need for transportation, for example the medical escort program. Some highlights in programming include AARP Safe Driving, Tax preparation and Project Alert. Project Alert is a program that assists seniors with information during inclement weather by checking in to ensure the seniors are safe and ok. This program is in conjunction with the LO Police Dept., who assists with welfare checks if there is no contact with a senior. Another trend is the increase in respite/care giving services. The Respite program has expanded to two days a week with two paid coordinators and a handful of volunteers. For the caregivers this is an invaluable asset for their respite. There is a sliding scale which is administered by Berta on a case by case basis. Two aging vans are becoming an issue with transportation and volunteer drivers for the vehicles. There is one paid driver and the rest are volunteers, who must get trained through Ride Connection in driver safety and mobility awareness. Berta also provides consultation in housing options available within the city; Berta is also addressing this issue with a special housing program, with a panel of experts present, to discuss the housing options and issues. This program will take place with Sunday, January 13 from 2-5pm.

Debra Carline, Program Manager, presented an overview of the Recreation and Education department, including the trends emerging in the area of recreation. The age spread at the center is increasing from the younger 50+ to the oldest member of 99 years of age.

Debra spoke to her handouts and the trends she sees emerging in this arena. Mixed age groups attending classes and trips; volunteers are declining as they age which impacts fundraising like the annual Flea Market. The Computer Learning Center has grown and is self sustaining with all volunteers instructing, facilitating meetings, fundraising, and leading user group discussions. Trips are affected by the higher costs of going through a chartered bus and not bringing in the participants like it use to because the Center vans are so old.

B. Lunch with ACC Members

The board members in attendance attended lunch with ACC members in the dining room.

C. Tour of facility

Brenda escorted those board members who had never visited the center through the building for a tour of the facility.

D. Set Next Meeting Date & Agenda – Jan 10

E. Adjourn

References:

ACC programs and services handouts provided at the meeting.