



City of Lake Oswego

50-Plus Advisory Board

Thursday, October 9, 2008
8:30 a.m.

Members 2008-2009

Gail Zimmerman, Chair
Thomas Brennan
Nanci Cummings
Janine Dunphy
James Laughton
Meagan Lawler
Kathy Long Holland
Vacant
Vacant

Santiam Room
West End Building (WEB)
4101 Kruse Way

For Information: 503-675-6407

Approved Minutes

Councilor McPeak, City Council Liaison
Kim Gilmer, PR Director
Ann Adrian, ACC Manager
Teresa O'Halloran, ACC Admin.

- I. Roll Call
Present: Janine Dunphy, James Laughton, Kathy Long Holland, Tom Brennan, Meagan Lawler, Councilor McPeak City Council Liaison, Ann Adrian, ACC Manager, Teresa O'Halloran, ACC Admin. Excused: Nanci Cummings, Gail Zimmerman and Kim Gilmer, PR Director. Guests: Sidaro Sin and Laura Weigel, City Planners.
- II. Approval of Minutes 9/11/08
Janine Dunphy asked for a motion to approve the minutes.
Tom Brennan made a motion; Kathy Long Holland seconded the motion.
Minutes approved with minor changes.
- III. Open Public Communications - None
- IV. Old business
 - A. Update on Neighbor Helping Neighbor project
Janine reported that participation was low at the Saturday event. Six homes requested help and there were nine volunteers, which included Dawn D'Haeze and her husband, three high school boys, Janine Dunphy and Nanci Cummings. Dawn and her husband worked both Saturday and Sunday.

This effort will need to have the active participation of the neighborhood associations. The churches were not really involved with the actual event this time; it seems that the larger city-wide event being planned for the Spring was perhaps more of what the churches were interested in doing. This Fall pilot event was limited to the McVey-South Shore neighborhood. There are a total of twenty neighborhood associations and the larger event scheduled for Spring 2009 needs more marketing, and the involvement of civic groups, such as the Rotary, Boy Scouts, Girl Scouts, etc...A central coordinator would be needed and early planning needs to be started.

Some feedback shared included:

- ◆ Making it a two-day event (both Saturday and Sunday) rather than a one-day event to enable more volunteers to participate. Both volunteers and recipients need to be realistic as to what can be accomplished.
- ◆ Have a celebratory kick-off event the morning of the event (coffee, pastries, etc).
- ◆ Others to include next time would be the Chamber, Rotary, the Boy Scouts, etc...
- ◆ It is important to be mindful in identifying potential participants that potential candidates may not want help.
- ◆ Identify one central coordinator for all aspects of such a program, perhaps the ACC and initiate early planning.

Laura Weigel suggested that this board should start attending neighborhood association meetings, offering to give talks about the 50+ community and explain what this board does. Laura offered herself as a resource for this board in working with the neighborhood associations.

Councilor McPeak suggested that if this group wants to see a city-wide event in the Spring that it must get going at the next committee meeting.

B. Work Goal Follow Up

Janine Dunphy provided a Medicare Update:
 Legacy has been advertising a single phone number for a referral to a Medicare doctor. Janine is waiting on Dan Baer's help before a final report can be completed. Kathy suggested getting in touch with Naturopathic physicians as an alternative to Medicare if clients have funds available.

C. Strategic Planning Draft Agenda – will wait for Gail Zimmerman to return to do this.

V. New Business

A. Sidaro Sin, Senior Planner, City's Planning Dept.

Senior Planner, Sidaro Sin, presented information regarding the City's Comprehensive Plan, which is currently up for periodic review. He provided everyone with a summary sheet outlining the process for this periodic review and he is looking for input. (Attachment A)

Adopted in 1978, The Comprehensive Plan contains the City's aspiration or vision for how the City sees the future. The last review or update to the plan occurred in 1994. Sidaro is He is looking for input regarding the senior population and how to include certain aspects that could relate to seniors, perhaps housing, transportation or other designations. How can this board participate in this process?

The periodic review is mandated by the state about every seven- ten years and is administered by Oregon Dept. of Land Conservation and Development (DLCD). The five major sections which are reviewed for compliance are: housing, transportation, public facilities, economic development, and urbanization.

The three major phases of the review include: evaluation phase (this phase is currently underway), work program (develop action items), and implementation (carrying out the work program).

Janine asked how this board could provide input into the plan. Sidaro suggested that this board's input would be better served later during the implementation phase when the city is addressing the vision or future of the city. There will be open houses and kick off meetings where an opportunity will be available to provide input.

The City Council uses The Comprehensive Plan as a guide book, like The Constitution. Currently all neighborhood plans are in line with The Comprehensive Plan, although Councilor McPeak shared that there is a neighborhood who is currently trying to institute stricter rules than currently exist in The Comp. Plan. She further stated that the more community involvement at this stage of reviewing the Comp. Plan, the easier it becomes for future councils to understand and be aware of the needs of the community, because it was clearly outlined in the Comp. Plan.

Kathy Long Holland asked how The Comprehensive Plan incorporated the larger Metro demographics that are supposed to be changing and how that could certainly impact The Comprehensive Plan. The City's 1994 demographic information in the current Comprehensive Plan needs to be updated. It also must incorporate or comply with Metro mandates as the City is a part of the larger Metro area. Ann Adrian added that if the statistics within the 50+ Dialogue are correct that 1 in 5 people in Lake Oswego are over 50, then the 50+ needs or issues need to be included in the next Comprehensive Plan. The last census was in 2000 and the next one is scheduled for 2010. PSU does complete an estimated population census annually.

The visioning process is not completely outlined yet, but will probably start with a stakeholder group with sub committees underneath. A representative from the 50+ Board would then be invited to be on that stakeholder group, who would become a part of the process for gathering the values and needs of the community. Laura projects that the process starts with the technical review; getting the demographic, housing and other information updated and then the visioning process will start to answer some of the questions which come out of the technical review. This process coupled with community input should shape the visioning portion of The Comprehensive Plan. The new mayor and council control when the visioning process occurs. Informational open houses are planned and outlined in Attachment A.

Miscellaneous Announcements:

The Senior Studies Institute will start a program at the ACC in the fall of 2009. There is a \$30 participation fee.

Training by Elders in Action is set for November 18 for volunteers to become Elder Friendly Business Evaluators. Training to be held at the WEB in the Yamhill room. Ann is hoping to have the ACC and one other city building evaluated.

The newsletter for the ACC is going to a quarterly format and Ann would like to enhance the tie to the ACC and the 50+ by including pertinent goals or events that the 50+ Board is working on.

B. Set Next Meeting Date, November 14 @ 8:30am

J. Dunphy

C. Adjourn

References:

50+ Meeting Minutes Draft 9/11/08

Updated 2008 Work Plan (*September*)