



# Lake Oswego Parks & Recreation Adult Drop-In Sports

[www.lakeoswegosports.com](http://www.lakeoswegosports.com)

Last updated: December 7, 2016

We encourage you to check frequently for updates



**If Lake Oswego public schools are closed for inclement weather, Drop-In Programs will be canceled for that evening.**  
**If weather worsens later in the day, L.O. School District may cancel evening activities at the schools, even if schools were open during the day.**

Adult drop-in open gyms are provided for the fun and fitness of Lake Oswego residents, ages 18+. Just "drop in" to any of these gyms for recreational scrimmages and play. Participants are required to complete a medical & liability release form. **Bring I.D.:** L.O. Residency will be checked at the door. Basketball players, please bring one dark & one white shirt. Non-residents will be allowed to play on a space available basis.

**L.O. Residents \$2/session      Non-Residents \$4/session**

## Ages 18+ Table Tennis

Day/Time: Thursdays **7:00-9:00pm**  
 Location: **Palisades** (home for L.O. Parks & Recreation)  
 1500 Greentree Road, Lake Oswego  
 Directions: <http://www.ci.oswego.or.us/parksrec/palisades>

Table Tennis	January	February	
Dates	5, 19	2, 16	
Notes!	1 <sup>st</sup> & 3 <sup>rd</sup> Thursday each month	1 <sup>st</sup> & 3 <sup>rd</sup> Thursday each month	

## 35+ Basketball

Day/Time: Tuesday/Thursday **8:00pm – 10:00pm**  
 Location: **Forest Hills Elementary**  
 Directions: From Country Club/ "A" Avenue, **N** on 10<sup>th</sup>, **L** on Andrews

35+ Basketball	October	November	December
Dates	4, 6, 11, 18, 20, 25, 27	1, 3, 8, 10, 17, <b>22*</b> , 29	1, 6, 13, 15
Notes!	No drop-in 10/13	No drop-in 11/15, 11/24 *Drop-In 11/22 only held at Palisades from 6:45-8:45pm	No drop-in <b>Dec. 8,</b> Dec. 20, 22, 27, 29

## 18+ Volleyball

Day/Time: Tuesday/Thursday **8:00-9:45pm**  
 Location: **Lake Grove Elementary**, 15777 Lower Boones Ferry, Lake Oswego  
 Directions: On Boones Ferry, between Bryant Rd. & Kruse Way

Volleyball	December	January	February
Dates	1, 6, 8, 13, 15	Resumes Tuesday, Jan. 3	TBA
Notes!			

## Ages 18+ Pickleball

Day/Time: **Sundays: 1:15-3pm** (Novice to Level 3.0); **3-4:45pm** (Levels 3.5-5.0)  
**Mondays: 12-3pm** (all levels)  
**Wednesdays: 9am-12pm** (all levels)  
**Thursdays: 9am-12pm** (all levels)  
**Fridays: 5:45-8:45pm** (all levels) (3<sup>rd</sup> Friday each month)  
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 1500 Greentree Road, Lake Oswego  
 Directions: <http://www.ci.oswego.or.us/parksrec/palisades>

Days	Time	Level of Play	October	November	December
<b>Sundays</b>	<b>1:15-3pm</b>	<b>Novice – 3.0</b>	<b>9, 16, 23, 30</b>	<b>6, 20</b>	<b>4, 11, 18</b>
<b>Sundays</b>	<b>3-4:45pm</b>	<b>3.5 – 5.0</b>	<b>9, 16, 23, 30</b>	<b>6, 20</b>	<b>4, 11, 18</b>
<b>Mondays</b>	<b>12-3pm</b>	<b>All Levels</b>	<b>3, 10, 17, 24, 31</b>	<b>7, 14, 21, 28</b>	<b>5, 12, 19</b>
<b>Wednesdays</b>	<b>9am-12pm</b>	<b>All Levels</b>	<b>5, 12, 19, 26</b>	<b>2, 9, 16, 23, 30</b>	<b>7, 14, 21</b>
<b>Thursdays</b>	<b>9am-12pm</b>	<b>All Levels</b>	<b>6, 13, 20, 27</b>	<b>3, 10, 17</b>	<b>1, 18, 15, 22</b>
<b>Fridays</b> (3 <sup>rd</sup> of month)	<b>5:45-8:45pm</b>	<b>All Levels</b>	<b>21</b>	<b>18</b>	<b>16</b>
<b>No Drop-In Days</b>			<b>Oct. 2</b>	<b>Nov. 13, 24, 27</b>	<b>Dec. 25, 26, 28, 29</b>